

**BAHÇEŞEHİR UNIVERSITY**  
**ENG1004 Communication Skills and Academic Reporting II**  
**Sample Exemption Exam**

**Duration: 90 mins.**

**Total Grade: \_\_\_\_ / 100**

**Q1. Read the original statement below and choose the correct paraphrase. (4 pts.)**

“Previous studies have demonstrated that structured lifestyle interventions incorporating physical activity, diet, and behavior change strategies could prevent or delay type 2 diabetes incidence and reduce CVD risk factors.”

Source: Venditti, E. M. (2016). Behavior change to prevent or delay Type 2 diabetes. *Diabetes Care*, 28(3), 36-44.

- a. Some previous research shows that structured lifestyle interventions which play an important role in healthy life are suggested because they encourage people to be more physically active and have a healthy diet to prevent type 2 diabetes and CVD.
- b. Many studies show that structured lifestyle interventions such as physical activity, diet, and some changes in behaviors should be avoided in order to reduce the risk factors of type 2 diabetes and CVD.
- c. Some studies that were conducted earlier suggest that the risk factors of type 2 diabetes and CVD can be prevented or delayed with the help of structured lifestyle interventions that are supported by physical activity, diet, and some changes in behaviors.
- d. The studies conducted previously show that physical activity, diet, and some changes in behaviors are some suggested examples to structured lifestyle interventions; however, these cannot be the only ways to reduce the risk factors of type 2 diabetes and CVD.

**Q2. Read the original statement below and choose the correct paraphrase. (4 pts.)**

“Despite elder abuse being both a public health and a major human rights issue and the emergence of programs across the European Region to prevent it, elder abuse risks are underreported, leaving older populations behind in the field of violence prevention.”

Source: Sethi, S., Cooper, F., Selwood, A., & Livingston, H. (2019). The prevalence of elder abuse and neglect. *Age and Ageing*, 37(2), 151–160.

- a. Older adults are not given enough importance in abuse protection even though it is the most important social and human rights problem, leading to the appearance of prevention programs in the European Region (Sethi et al., 2019).
- b. As stated by Sethi et al. (2019), elder abuse is a public welfare problem, and therefore violence prevention programs for old populations have appeared all over the European Region; however, older adults are not given enough care and are subject to violence.
- c. According to Sethi et al. (2019), even though elder abuse is a basic human rights violation and programs have emerged across the European Region to stop it, older populations who experience violence are not supported and are left alone in the area of violence protection.
- d. Sethi et al. (2019) point out that risk factors for elder abuse are not reported enough and thus protection for the aging population against violence is neglected although elder abuse is a fundamental social welfare and human rights issue and programs in the European Region come into existence to stop it from happening.

**Q3. Read the paragraph below and choose the correct summary. (4 pts.)**

“It is clear that one of the key elements in enhancing access to medicines is the sharing of information and data and the need for countries to learn from each other. Therefore, strengthening collaboration between Member States on improving access to medicines in the WHO Region is an opportunity, particularly in Europe given the diverse needs and interests of Member States. Pricing and reimbursement, strategic procurement and information sharing and mutual learning are examples of key strategic areas on the international pharmaceutical agenda where effective Member State collaboration is key.”

- a. There is no doubt that Member States’ close collaboration with each other, along with knowledge and data exchange, plays an active role in expanding global access to medicines (European Centre for Disease Prevention and Control [ECDPC], 2017).
- b. When the requirements and interests of Member States are considered, it is highly important for countries to work together for the well-being of nations in the European Region (European Centre for Disease Prevention and Control [ECDPC], 2017).
- c. European countries are required to be in close collaboration with each other in order to sustain global peace and well-being in developing countries (European Centre for Disease Prevention and Control [ECDPC], 2017).
- d. Setting of prices and payback, and purchase of goods or services are some examples of important factors in the pharmaceutical sector worldwide (European Centre for Disease Prevention and Control [ECDPC], 2017).

**Q4. Choose the correct summary of the paragraph. (4 pts.)**

Climate change has myriad impacts on health since it leads to deaths and illnesses caused by increasingly frequent extreme weather events and the disruption of food and water systems. To begin with, the Intergovernmental Panel on Climate Change (IPCC, 2020) reports that global warming due to climate change has worsened human health conditions, especially in tropical regions. For example, in places like Africa, an increase in temperature signifies an increase in mosquito populations, thus escalating the risk of malaria, dengue, and other insect-borne infections. IPCC also states that global warming leads to prolonged periods of abnormally high temperatures, which can have serious health effects on vulnerable populations, such as the elderly and the sick. This was already seen during the 2003 heatwave in Europe, which claimed approximately 35,000 lives. In addition, the World Wild Fund (WWF, 2020) has reported that climate change drastically alters rainfall patterns, therefore it decreases agricultural productivity and risks water and food supplies for millions. Similarly, the IPCC report indicates that approximately 75 million to 250 million people in Africa were left without adequate water and have since faced food shortages in the last decade, as crop productivity has declined by about 50 percent. Based on these, it can be inferred that these climate-induced health risks are disproportionately felt by the most vulnerable and disadvantaged because they reside in areas with weak health infrastructure, mostly in developing countries. Therefore, it can also be stated that climate change is undermining the social determinants of good health, such as livelihoods, equality, and access to health care and social support structures, which can also take a toll on the mental well-being of societies. All in all, there are health risks attributed to climate change as it has become a prominent cause of deaths and diseases around the globe.

- a. According to the World Health Organization (WHO, 2021), climate change is a leading cause of extreme weather conditions such as droughts and heatwaves which result in the spread of diseases like malaria or dengue.
- b. According to the World Health Organization (WHO, 2021), the illnesses and deaths caused by climate change have occurred mostly in underdeveloped countries.

- c. According to the World Health Organization (WHO, 2021), because it alters the weather drastically and interrupts food and water systems, climate change is a significant contributor to illnesses and deaths.
- d. According to the World Health Organization (WHO, 2021), old people and people with already existing health problems are affected the most by the health problems that arise due to climate change.

**Q5. Choose the most suitable topic sentence for the paragraph below. (4 pts.)**

\_\_\_\_\_. Firstly, securing a person's intellectual property rights by law encourages people to work to invent and innovate because, thanks to these laws, people get to reap the benefits of their hard work themselves. Besides, the liberty to pursue one's own ambitions and dreams leads to the establishment of businesses that form the foundation for economic growth and this liberal environment is maintained only in democratic regimes. And finally, democracy facilitates interaction with third countries and international collaboration brings together the human and material resources of a variety of countries that enable great endeavors to be undertaken. This and numerous other reasons available around us point to the undeniable fact that liberal democracies have been the most successful regimes in terms of economic development and the welfare of their citizens. Economic development needs to be supported by politics and the best way to support economic growth is to democratize political regimes.

- a. While political regimes may not always function flawlessly, it is evident that democracy, when compared to its predecessors, stands out as the most effective system of government for fostering economic development and societal well-being
- b. Not every democracy truly empowers people and not every law in democracies serves the people more than those who enact those laws and there are several reasons for this
- c. One of the areas that the governing systems should support is the well-being of a country and its people
- d. Throughout the ages, people in different parts of the world have been ruled by a variety of systems, named later as monarchies, theocracies, oligarchies, aristocracies, etc., none of which improved individual rights and living standards to the extent that democracies today have

**Q6. Choose the supporting evidence that completes the paragraph below. (4 pts.)**

Improved traffic safety would be one of the significant beneficial impacts of automated vehicle (AV) use. Luttrell et al. (2015) studied fully automated vehicles and found out that they lead to reductions in the number of driver-related crashes. To specify, AVs have the potential to significantly improve road safety as the majority of crashes are related to driver errors, fatigue, alcohol, or drugs (Luttrell et al., 2015). \_\_\_\_\_ . This finding is in line with another study in the UK, where Shannon et al. (2016) concluded that if more AV vehicles were on the roads, they would prevent nearly 7,000 pedestrian and cyclist deaths. Therefore, considering these safety benefits of AVs, it is not surprising that research, development, and production of them are popular on the agenda of many countries today. To sum up, it is clear that autonomous vehicles would greatly contribute to road safety.

- a. The same authors report that if AVs were adopted in countries where pollution is a major issue, they would reduce pollutants and CO2 emissions by an estimated 15%
- b. The authors estimated that if 90% of the automobiles in the United States became autonomous, an estimated 25,000 lives could be saved each year
- c. The authors also revealed that the adoption of automated vehicles enabled the United States government to save US\$340 billion in 2015
- d. According to the authors, it is estimated that 30% of the people in developed countries commuting to work are exposed to heavy traffic

**Q7. Choose the evaluative comment that completes the paragraph below. (4 pts.)**

The assessment of attractiveness is automatic and strongly influences how people judge a person on a range of other traits, including personality and intellect. First of all, good-looking people are consistently perceived to have positive personality traits such as being extraverted or agreeable (Kleisner, 2015). For example, in a UK study where volunteers were asked to evaluate faces the most attractive individuals received the highest ratings for extraversion and agreeableness (Rhodes, 2014). Furthermore, Dion et al. (2012) investigated the phenomenon of the "halo effect", which is a cognitive bias where people tend to make positive attributions about a person's character or abilities, and they found that attractive individuals were perceived as possessing more intelligence. \_\_\_\_\_. To conclude, people perceive attractiveness to be an indicator of positive personality traits and more intellect.

- a. Thus, it can be inferred that attractive-looking people are considered to be smarter and have better personality characteristics compared to others
- b. These facts indicate that the level of attractiveness needs to be considered when deciding on the degree of a person's level of intelligence, especially on work-related issues
- c. Therefore, it seems that if a person is good-looking, it is likely that they will have better job prospects in the future
- d. Based on these facts, one may infer that this prevalence of beauty-related biases is likely to play a significant role in everyday social interactions

**Q8. Choose the option that gives the correct order of the introduction paragraph below. (4 pts.)**

- 1. Studying abroad is defined as gaining an education in a foreign country in order to attain a wider perspective of different cultures and explore new horizons (Cushner, 2015).
  - 2. Therefore, it can be claimed that international students are an important source of economic contributions toward both host countries and educational institutions.
  - 3. In the following decades, the number of students studying abroad gradually increased, and between 1972 and 1973 nearly 146,000 international students studied in the United States, which went up to approximately 974,926 international students by 2015 (Hoffa, 2016).
  - 4. In recent years, thanks to the global interconnectedness that has reshaped education, the number of students who choose to study abroad has increased rapidly.
  - 5. According to the same author, after the World Wars, colleges, religious groups, and peace-promoting organizations started to explore creative ways to inspire their students to learn more about the world outside of their borders.
  - 6. Today, there are various international exchange programs and scholarships that allow millions of students to study abroad (Hoffa, 2016).
  - 7. Although the first record of study abroad dates back to 1190, it did not really gain momentum until the second half of the 20th century (Hoffa, 2016).
- a. 4-1-7-5-3-6-2
  - b. 1-2-4-7-5-3-6
  - c. 6-2-1-7-5-3-4
  - d. 7-4-3-6-1-5-2

**Q9. Choose the option that gives the correct order of the body paragraph below. (4 pts.)**

1. For instance, as reported by the World Health Organization (WHO, 2019), across the European Region, 25.4 % of ever-partnered women (aged 15 years and older) have experienced intimate partner violence during their lifetime and 5.2 % of them have experienced either or both.
  2. Essentially, it is an undeniable fact that women and girls are the ones who are mostly affected by violence and abuse.
  3. Similarly, of the people who are victims of human trafficking, 72% are women and girls and 33% are children (WHO, 2019).
  4. Violence against women and girls has recently been on the rise all around the world as they have been experiencing different forms of abuse and violence.
  5. Furthermore, a European study of violence among women aged 60 years and older found that 28.1% had experienced some form of abuse in the previous 12 months (Department of Economic and Social Affairs [DESA], 2019).
  6. These facts make it clear that women and girls who are subjected to violence are more likely to have long-term physical, mental, and sexual health problems.
- a. 2-6-1-3-5-4
  - b. 4-1-5-3-6-2
  - c. 4-2-1-3-5-6
  - d. 2-1-4-5-3-6

**Q10. Choose the option that gives the correct order of the conclusion paragraph below. (4 pts.)**

1. Briefly, marketing strategies not only result in high prices caused by advertising and promotion but also give rise to excessive mark-ups.
  2. However, marketing practices may not prove to be sustainable as marketers can be involved in misleading practices or pushing up prices in order to boost sales, which is not in the interests of the individual consumer.
  3. In addition, manipulation of customers in order to get them to buy the products or services is another negative consequence of marketing on consumers, inhibiting its sustainability.
  4. Therefore, in order to survive in the long term, marketers need to develop socially responsible practices that meet the present needs of consumers and businesses while also preserving or enhancing the ability of future generations to meet their needs.
  5. In conclusion, marketing has a substantial role in shaping the perceptions of society today.
  6. On this basis, it can be predicted that these harmful and unsustainable practices will lead to more and more customer dissatisfaction to the point that could bring about the extinction of marketing as a field.
- a. 6-4-1-2-5-3
  - b. 1-3-4-2-6-5
  - c. 3-4-6-1-2-5
  - d. 5-2-1-3-6-4

**Writing question: Write a four-paragraph essay of at least 400 words discussing the relationship between computer use and children's activities and development. Use the text below to support your claim.**

**The Impact of Computer Use on Children's Activities and Development  
Patricia M. Greenfield and Elisheva F. Gross 2010  
Children and Computer Technology Vol. 10 No. 2**

### **Introduction**

The increased role of home computers in children's lives has elevated the concern about how children may be affected. Time spent on home computers may displace other activities that have more developmental value, and the merit of computer-based activities has also been questioned. Surveys suggest that parents generally believe in the necessity of technology integration into their children's education. Many of them reported that they have bought home computers and provided educational opportunities with Internet access for their children to prepare them for the "information age". Therefore, it is believed that the use of the Internet can contribute to academic achievement, which is defined as academic performance that is related to the outcome of whether a student, teacher or institution has achieved their educational goals. On the other hand, parents are increasingly concerned about the influence of the Web on their children's well-being as they might engage in Internet activities with improper content. In this sense, well-being can refer to the overall physical and mental health of children which is significant to be a healthy individual in the future. Although research on the effects of children's use of home computers is still sketchy and ambiguous, some initial indications of such online activities appear to be affecting children's development in two broad areas: physical health and academic achievement.

### **Physical Health**

Many children prefer using computers instead of participating in activities, which raises huge concerns about the possible effects on their health. Results from a 1999 national survey suggest that children between ages 2 and 17 were spending approximately 1 hour 37 minutes per day using the computer and/or playing video games. According to the results, one obvious effect has been that children in households without computers watched TV an average of 36 minutes longer each day than children in homes with computers. Interestingly, children in homes with computers also spent almost the same amount of time watching TV but less time with their families. This demonstrates that many children using computers and watching TV simultaneously tend to neglect their domestic activities. The combined amount of time children spend across these activities increases the likelihood of displacing time spent on organized sports and other activities, which exacerbates the impact on children's physical well-being.

Systematic research focusing on the physical risks of playing computer games reveals that games remain the most frequent home computer activity for children. Studies suggest that children's extended computer use may be linked to an increased risk of their suffering from serious health issues. Sedentary pursuits, such as watching TV and using the computer, are believed to be an important environmental factor contributing to the fact that 25% of children in the United States are overweight or obese. In other words, the number of children who spend time in front of computer monitors and TV screens continues to increase, which puts more children at risk of obesity.

Since the early years of computer game technology, playing games has been the predominant computer activity for children with a personal computer and Internet access at home. Studies indicate that playing computer games exposes them to a number of physical risks, including seizures, hand injuries, and changes in heart rate. For example, some research suggests that playing computer games may trigger epileptic seizures in certain users. In other words, it appears that the “flicker frequencies” or quickly flashing images, in some video games can trigger seizures in patients with photosensitive epilepsy. Furthermore, excessive computer game playing also has been associated with a form of tendinitis, called Nintendinitis, which is a sports injury characterized by severe pain in the extensor tendon of the right thumb as a result of the repeated pressing of buttons during gameplay.

### **Academic Performance**

Cognitive skills are the skills associated with thinking and knowing—the skills required for children to understand language and numbers, to reason and solve problems, and to learn and remember. Although the term encompasses a broad array of competencies, research on the effects of computer use on these skills has focused on the development of a specific set of visual intelligence skills crucial to the use of computer technology: iconic or image representation skills, and visual attention skills.

It is known that computer applications of many kinds, and especially computer games, are designed in ways that emphasize visual rather than verbal information processing. In this sense, popular action games with rapid movement, imagery, and intense interaction can be considered. Some studies were conducted to examine the effects of being exposed to them and various activities occurring simultaneously at different locations on the screen. The results indicate that children who play such games can improve their visual intelligence skills for computer literacy. It is proper to say that such skills may be especially useful in the fields of science and technology, where proficiency in manipulating images on a screen is increasingly important.

The rapid evolution of the personal computer has indeed broadened society’s vision of computers from devices for programming and playing games, to tools for developing children’s skills and motivation in academic areas such as math, science, language arts, and writing. Today, children and teens frequently use computers and the Internet for their schoolwork and parents generally believe that computers are an important educational resource. Numerous studies have shown that among teens ages 13 to 17, schoolwork has surpassed games as the most frequent online activity, even though there has been limited research on the impact of home computer use on academic achievement.

The research appears to corroborate parents’ perceptions that computer use is related to better academic performance. For example, some home computer use studies found that high school students who used educational software at home scored significantly higher than other students on computer literacy tests. This use has been linked to improvements in the general academic performance of students. A longitudinal study published recently which tracked a group of students from seventh through twelfth grade found that students with computers at home had higher overall grades and better grades in math and English than those without home computers. According to the results, among those with home computers, heavier users performed better academically than light users. It can be concluded that students’ use of home computers during the school year for activities, which may or may not be related to their lessons, can increase their academic performance and lead to better overall grades, better grades in math and English, and better test scores of scientific knowledge.

### **SAMPLE ENG1004 EXEMPTION EXAM ANSWER KEY:**

<b>1. C</b>	<b>4. C</b>	<b>7. D</b>	<b>10. D</b>
<b>2. D</b>	<b>5. A</b>	<b>8. A</b>	
<b>3. A</b>	<b>6. B</b>	<b>9. B</b>	