

CV

Name Surname: B. Türküler AKA

Title: Dr. Öğretim Üyesi

State of Education:

| Degree | Department | University | Date |
|-------------------|-------------------|-------------------------------|-------------|
| Bachelor's Degree | Psikoloji | Orta Doğu Teknik Üniversitesi | 2004 |
| Master's Degree | Klinik Psikoloji | Orta Doğu Teknik Üniversitesi | 2007 |
| PhD | Klinik Psikoloji | Orta Doğu Teknik Üniversitesi | 2011 |

Academic Appointments:

2012 - 2013 – Postdoctoral researcher – Boston University, Psychotherapy and Emotion Research Laboratory

2013 - 2014 Assistant Professor - Okan Üniversitesi

2014 - devam Assistant Professor - Bahçeşehir Üniversitesi

Theses Advised

Engin Acarbulut, C. (2019). The Mediating Role of Interpersonal and Intrapersonal Emotion Regulation in relation to Big Five Personality Traits and Generalized Anxiety Disorder Symptoms

Uyarağalar, T. (2019). The Mediating Role of Interpersonal and Intrapersonal Emotion Regulation in relation to Early Maladaptive Schemas and Social Anxiety Symptoms

Vatansever, E. (2019). The Mediating Role of Narcissistic Personality Characteristics in the relation Between Early Maladaptive Schemas and Relationship Satisfaction

Baydoğan, G. (2019). The Relationship Among Shame, Guilt, Internalized Homophobia, Religiosity and Depressive Symptoms in Gay and Bisexual Men in Turkey

Tükten, D. (2019). The Mediating Effect of Difficulties in Emotion Regulation on the Relationship Between Intrinsic and Extrinsic Religiosity and Violence Tendency

Aşılı, E. (2019) The Mediating Role of Behavioral Activation and Behavioral Inhibition System on The Relationship Between Perfectionism and Eating Attitudes

Aydemir, C. (2018). The Mediating Role of Emotion Regulation in relation to Perceived Parental Psychological Control and Adult Separation Anxiety

Koçyiğit, B. (2018). Mediating Role of Perseverative Cognition on the Relationship Between Perceived Stress and Somatic Symptoms. Bahçeşehir Üniversitesi

Karcı, S. (2017). Emotion Regulation, Time Orientation and Locus of Control in relation to Generalized Anxiety Symptoms. Bahçeşehir Üniversitesi

Yavuz, B. B. (2017). Mediating Effect of Humour in relation to Early Maladaptive Schemas and Psychological Well-Being. Bahçeşehir Üniversitesi

- Kalecik, S. (2016). Emotion Regulation, Self-Control, Novelty Seeking, Depression and Social Anxiety Symptoms in relation to Problematic Internet and Smartphone Use. Bahçeşehir Üniversitesi
- Tunca Demirbaş, C. (2016). Early Maladaptive Schemas, Time Perspective and Eating Attitude: The Mediating Role of Emotion Regulation and Emotion Reactivity. Bahçeşehir Üniversitesi
- Tilbe, E. (2015). Identifying the Relationship Between Behavior Regulation, Parenting Attitude, And Behavior Problems in Preschoolers. Bahçeşehir Üniversitesi
- Güler, B. (2015). The Measurement of Cognitive Flexibility in Adolescents and its relation to Depression Symptoms. Bahçeşehir Üniversitesi

Publications

Articles published in internationally refereed journals (SCI & SSCI & Arts and Humanities)

- Yavuz, B. B., & Aka, B. T. (submitted). The Mediating Effect of Humour in Relation to Early Maladaptive Schema Domains and Psychological Wellbeing. Klinik Psikiyatri Dergisi.
- Sansal, K. E., Tanrıover, S. H. & Aka, B.T. (2020). Effects of outdoor natural light exposure on sleep quality in the elderly. Turkish Journal of Geriatrics, 23(1), 138- 146.
- Akyunus, M., Gençöz, T. & Aka, B. T. (2019). Age and sex differences in basic personality traits and interpersonal problems across young adulthood. Current Psychology, doi: 10.1007/s12144-019-0165-z.
- Koç, M. S., Aka, B. T., Doğruyol, B.; Curtiss, J., Carpena, J.K., & Hofmann, S. G. (2019). Psychometric Properties of the Turkish Version of the Interpersonal Emotion Regulation Questionnaire (IERQ). Journal of Psychopathology and Behavioral Assessment. doi: 10.1007/s10862-019-09732-3.
- Doğruyol, B., Aka, B. T. & Enisoğlu Tilbe, E. (2017). Okul Tipinin Okul Öncesi Dönem Davranış Düzenleme Becerileri Üzerindeki Etkisi. Hacettepe Eğitim Fakültesi Dergisi. doi: 10.16986/HUJE.2017027050.
- Aka, B. T. & Gençöz, F. (2010). Sinematerapinin Mükemmeliyetçilik ve Mükemmeliyetçilikle İlgili Şemalar Üzerindeki Etkisi. Türk Psikoloji Dergisi, 65, 69-81.

Articles published in other internationally refereed journals

- Aka, B. T., Kalecik, S. & Doğruyol, B. (in press). Psychological Factors related to Problematic Internet and Smartphone Use. Nesne Dergisi.
- Aka, B.T. & Gençöz, T. (2014). Perceived Parenting Styles, Emotion Recognition, and Emotion Regulation in relation to Psychological Well-Being. *Procedia - Social and Behavioral Sciences Journal*, 159, 529-533.

Assertions presented in international scientific congresses and published in the proceedings

- Aka, B. T., & Koçyiğit, B. (2018, Ekim). The Mediating Role of Perseverative Cognition on the Relationship Between Perceived Stress and Somatic Symptoms. Oral presentation, 11th International Congress and 16th National of Clinical Psychology, Granada (Spain).

Aka, B. T. & Gençöz, T. (May, 2014). The Relationship Among Perceived Parenting Styles, Emotion Recognition, and Emotion Regulation Related to Psychological Well-Being: Symptoms of Obsessive- Compulsive Disorder and Social Anxiety. 5th World Conference on Psychology, Counseling and Guidance, Dubrovnik, Croatia.

International books published, or chapters from a book

Hofmann, S. G., Aka, B. T., Piquer, A. (2014) Social Anxiety Disorder. In P. Emmelkamp & T. Ehring (Ed), *The Wiley Handbook of Anxiety Disorders*, 357-377.

Assertions presented in national scientific congresses and published in the proceedings

Aka, B. T., Tunca Demirbaş, C. (2016, Eylül). Erken dönem uyumsuz şemalar ve yeme tutumları arasındaki ilişkide duygusal tepkiselliğin aracı rolü. Poster sunumu, 19. Ulusal Psikoloji Kongresi, İzmir.

Aka, B. T. (2010, Eylül) Mükemmeliyetçilik ve Sinematerapi. IV. Psikoloji Lisansüstü Öğrencileri Kongresi.

Aka, B.T. & Sevim, B., Çenesiz, G. Z, (2009, Mayıs) Panel - Beyazperdenin Terapi Odasına Girişi: Sinematerapi. IV. Işık Savaşır Klinik Psikoloji Sempozyumu.

Other publications

Aka, B. T. (2016). Sinematerapinin Grup Uygulamalarındaki Etkinliği ve Bireysel Terapi Uygulamalarıyla İlgili Gözlemler. *Psikesinema* (3), 126-129.

Aka, B.T. (2007). Sinematerapi. (Editor Gençöz, 2007) *Psinema 1: Sinemada Psikolojik Bozukluklar ve Sinematerapi*. HYB Basım Yayın, Ankara.

Gençöz, F. & Aka, B.T. (2007). Sinema Tadında Terapi: Sinematerapi. *Bilim ve Teknik Dergisi*, 473, 58-61.

Projects

2020 – devam ediyor, COVID-19 Salgını Etkileri ile Kaygı ve Depresyon Semptomları Arasındaki İlişkide Başa Çıkma Biçimleri ve Duygu Düzenlemenin Aracı Rolü, TÜBİTAK

2016 – devam ediyor, Yürütücü, Systematic Desensitization of Phobias Using Virtual Reality, BAU-VR First

2012- 2013 Doktora Sonrası Araştırmacı - Effect of Oxytocin on Pro-Social Behavior in Social Anxiety Disorder (Boston University)

2010- 2011 Proje Asistanı - Wechsler Çocuklar için Zeka Ölçeği-IV (WÇZÖ-IV) Türkiye Norm Çalışması (TÜBİTAK)

2009- Proje Asistanı - Wechsler Çocuklar için Zeka Ölçeği-IV (WÇZÖ-IV) Türkiye Adaptasyon ve Standardizasyon Çalışması
(TÜBİTAK)

Administrative Services

Klinik Psikoloji Yüksek Lisans Koordinatörlüğü, Bahçeşehir Üniversitesi, 2016 - 2019

Professional Affiliations

TPD

Fellowships and Awards

TÜBİTAK- Doktora Sonrası Yurtdışı Araştırma Bursu

Courses given in the 2 years

| Academic Year | Semester | Course | Weekly Course Hours | | Number of Students |
|---------------|----------|---|---------------------|-----------|--------------------|
| | | | Theoretical | Practical | |
| 2017/2018 | Fall | 1. Psychopathology (Lisans) | 3 | - | 50 |
| | | 2. Advanced Psychopathology (Yüksek Lisans) | 3 | - | 26 |
| | | 3. Clinical Assessment (Yüksek Lisans) | 3 | - | 26 |
| 2018 | Spring | 1. Clinical Psychology, Section I (Lisans) | 3 | - | 45 |
| | | 2. Clinical Interviewing (Yüksek Lisans) | 3 | - | 26 |
| | | 3. Clinical Psychology, Section II (Lisans) | 3 | - | 45 |
| 2018/2019 | Fall | 1. Clinical Assessment (Yüksek Lisans) | 3 | - | 26 |
| | | 2. Advanced Psychopathology (Yüksek Lisans) | 3 | - | 26 |
| | | 3. Psychopathology I (Lisans) | 3 | - | 43 |
| 2019 | Spring | 1. Psychopathology II (Lisans) | 3 | - | 27 |
| | | 2. Psychological Assessment (Lisans) | 3 | - | 90 |
| | | 3. Clinical Interviewing (Yüksek Lisans) | 3 | - | 26 |

Other Academic Activities

Thesis Jury Membership

- Çerçel, H. (2019). The Effects of Maternal Characteristics on Prenatal Attachment in First-Time Mothers. Klinik Psikoloji Doktora Tezi.
- Apaydın, Ç. (2019). The Mediating Effect of Emotion Regulation Strategies in Relation to Attachment Styles, Self-Disclosure and Difficult Patient Among Psychotherapists. Klinik Psikoloji Yüksek Lisans Tezi.
- Töz, N. (2019). Caregiving Helplessness, Emotion Regulation Strategies, Mental Health and Adult Attachment Classifications of Mothers of Toddlers. Klinik Psikoloji Yüksek Lisans Tezi.
- Koçyiğit, Ö. (2019). The Relationship Between Self-Discrepancy and Rejection Sensitivity: Mediating Role of Shame-Proneness and Guilt-Proneness. Klinik Psikoloji Yüksek Lisans Tezi.
- Gülen, M. (2019). Relationship Between Psychotic-Like Experiences, Automatic Thoughts, Coping Styles and Perceived Social Support. Klinik Psikoloji Yüksek Lisans Tezi.
- Turgay, E. (2019). The Relationship Between Love Is Blind Bias and Relationship Satisfaction, And Romantic Jealousy in Couples. Klinik Psikoloji Yüksek Lisans Tezi.
- Şimşek, D. (2018). In Search for Arousal Procrastination: Active Procrastination and Its Relations with Sensation Seeking, Need for Cognition and Cyberslacking. Klinik Psikoloji Yüksek Lisans Tezi.
- Çinkılınç, K. (2018). The Role of World Assumptions and Coping Strategy in Understanding the Relationship Between Attachment, Trauma, Depressive And Post Traumatic Stress Symptoms. Klinik Psikoloji Yüksek Lisans Tezi.
- Asolar, D. (2018). Singlehood: An Exploratory Study and Its Relationship to Relationship Centrality. Klinik Psikoloji Yüksek Lisans Tezi.
- Şahlar, F. S. (2017). An Interpretative Phenomenological Analysis About Mothering Experiences of Working, Middle-Upper Class Women in Turkey. Klinik Psikoloji Yüksek Lisans Tezi.
- Çimen, M. (2016). Development of source monitoring mechanisms and feeling of knowing. Klinik Psikoloji Yüksek Lisans Tezi.
- Baylar, A. (2016) The influence of parenting on academic achievement and social anxiety among turkish adolescents with mediating effects of self-esteem and autonomy. Klinik Psikoloji Yüksek Lisans Tezi.
- Salman, Y. (2015). The role of childhood maltreatment and witnessing interparental conflict on dating violence through psychological distress. Klinik Psikoloji Yüksek Lisans Tezi.

- Alpaydın, N. (2015). The impact of promotion and prevention foci on anxiety. Klinik Psikoloji Yüksek Lisans Tezi.
- Özçırak, E. (2015). The impact of approach-avoidance motivations on depression disorder. Klinik Psikoloji Yüksek Lisans Tezi.
- Erol Soy, E. (2015). The Assessment of attachment styles and defense mechanisms in an inpatient sample of major depressive disorder. Klinik Psikoloji Yüksek Lisans Tezi.
- Eryılmaz, E. (2015). Gender bias in recognition of ADHD: Important factors for teachers' succesful management of ADHD. Klinik Psikoloji Yüksek Lisans Tezi.
- Tankurt, A. (2014). Living liver donors' experiences following liver transplantation surgery. Klinik Psikoloji Yüksek Lisans Tezi.

Article Reviews

- Current Psychology
- AYNA Klinik Psikoloji Dergisi
- Klinik Psikoloji Dergisi