

ÖZGEÇMİŞ

1. Adı Soyadı : Ayşe Meltem Üstündağ – Budak

İletişim Bilgileri

Telefon : 0(212) 381 0460
Mail : aysemeltem.budak@eas.bahcesehir.edu.tr

2. Doğum Tarihi : 19/02/1972

3. Ünvanı : Yrd.Doç.

4. Öğrenim Durumu : Doktora

Derece	Alan	Üniversite	Yıl
Lisans	Psikolojik Danışmanlık	ODTÜ	1996
Yüksek Lisans	Psikolojik Danışmanlık	ODTÜ	1999
Güvenilir Erişkin Bağlanma -Reliable AAI coder	Psikoloji Ölçme	University of Berkeley - US	2010
Doktora	Gelişimsel Psikoloji	University of Birmingham - UK	2014

5. Akademik Unvanlar

Yrd.Doç.Dr. Bahçeşehir Üniversitesi Eylül 2014 -

6. Yönetilen Yüksek Lisans ve Doktora Tezleri

6.1. Yüksek Lisans Tezleri

Eryılmaz, E. (2015). Gender bias in recognition of ADHD: Important factors for teachers' successful mangagement of ADHD, Istanbul, Bahçeşehir Üniversitesi

7. Yayınlar

7.1. Uluslar arası hakemli dergilerde yayınlanan makaleler

Üstündağ -Budak, A.M. & Aydın-Mocan, G. (2005). *The Role of Personality Variables in Predicting the Reported Physical Health Symptoms of Turkish College Students*, Adolescence, 40 (159): 559-572. Cited by 16

7.1.1 Basılma sürecindeki Yayınlar

Üstündağ-Budak., A.M. Larkin, M., Harris, G., & Blissett J.(in press) Mothers' accounts of their stillbirth experiences and of their subsequent relationships with their living infant: An interpretative phenomenological analysis, *BMC Pregnancy and Childbirth*

Üstündağ -Budak A.M. (in press)The replacement child syndrome following stillbirth: A reconsideration, *Numéro thématique d'Enfance (no.3, 2015): "Parentalités différentes"*

7.1.2 Hazırlanan Yayınlar:

The Predictors of Mental Health Problems of Mothers who experienced perinatal trauma: How Attachment Anxiety -Avoidance, Memories of Parental Rearing Experiences and Perceived Support predict postnatal mental health (To be submitted to Birth: Issues in Perinatal Care Journal)

The Mediating Role of Attachment Styles in predicting Perinatal Mental Health Symptoms from Perceived Support (To be submitted to Journal Reproductive and Infant Psychology)

Differences in Perinatal Trauma with and without Loss (To be submitted to Birth: Issues in Perinatal Care Journal)

7.2. Uluslar arası bilimsel toplantılarda sunulan ve bildiri kitabında (Proceeding) basılan bildiriler.

M. Özaşçılar, A.M Üstündağ-Budak ; İ. Özer - Güçlü (2015). Turkish University Students' Online Risky Sexual Behaviours: Examining the Impact of Social Appearance Anxiety and Attachment Styles- Preliminary Findings (*Oral Presentation*) 15th Annual Conference of the European Society of Criminology, Portugal.

Üstündağ-Budak, A.M. (2015). Ayşe Meltem Budak "Attachment Theory and Emotion Regulation and its Implications for Eating Disorders. *Oral Presentation*), Symposium on Developmental Approaches in Eating Disorders 20 -21 April 2015.

Üstündağ-Budak, A.M. (2014) Self Regulation Attachment and Early Learning (Oral Presentation), The New Trends in Education International Conference, İstanbul

Thematic Session Chair, FAMILIES FACING CHALLENGES, 16th European Conference on Developmental Psychology, Lausanne, Switzerland, 2013

Üstündağ -Budak, A.M. (2013). The Predictors of Mental Health Problems Of Mothers Who Experienced Perinatal Trauma, İstanbul 2013 World Congress of Psychological Counselling and Guidance. İstanbul Turkey. (*Paper presentation*)

Budak, A.M. (2013). Mothers' Experiences of Stillbirth and Their Relationship with Their Living Infant. The 16th European Conference on Developmental Psychology, Lausanne,

Switzerland. (*Paper presentation*)

Budak, A.M. ((2013) The Predictors Of Mental Health Problems Of Mothers Who Experienced Perinatal Trauma. The 16th European Conference on Developmental Psychology, Lausanne, Switzerland. (*Paper presentation*)

Budak, A.M., Harris, G. & Blissett, G. (2012), September, Mother's trauma experience. The 32nd Annual SRIP Conference, University of Oxford (*Poster Presentation*)

Budak, A.M.Harris G. & Blissett, J. (2011)) Mother's Trauma Experiences and Attachment Styles: potential implications for the mother-infant relationship. The 15th European Conference on Developmental Psychology, Bergen Norway. (*Poster Presentation*)

Budak, A.M, Harris, G. & Blissett, J. (2011) Attachment and Trauma Experiences. Poster session presented at the 11th International Psychological Counselling Conference, Izmir Turkey. (*Poster Presentation*)

7.3. Yazılan Uluslar arası kitaplar veya kitaplarda bölümler.

7.4. Ulusal hakemli dergilerde yayınlanan makaleler

7.5. Ulusal bilimsel toplantılarda sunulan bildiri kitabında basılan bildiriler

Üstündağ-Budak, A.M. , Özer – Güçlü, İ. ve Özaşçılar, M. (2015). Üniversite Öğrencilerinin Riskli Cinsel Davranışları: Bağlanma ve Sosyal Görünüş Kaygısının önemi (Bildiri) 13. Ulusal Psikolojik Danışmanlık ve Rehberlik Kongresi.

Üstündağ-Budak A.M. ve Kadioğlu-Polat, D. (2015). Dünya'da ve Türkiye'de Cinsel Eğitim Uygulamaları ve Psikolojik Servislerin Rolü (Bildiri) 13. Ulusal Psikolojik Danışmanlık ve Rehberlik Kongresi.

7.6 Diğer Yayınlar

Üstündağ-Budak A.M. (2015, Ağustos). M Kuşağı çocukları Teknoloji Bağımlısı mı? *Cumhuriyet Gazetesi Bilim ve Kültür Eki*. Retrieved from <http://basin.bahcesehir.edu.tr/basin/2015/28082015r2.jpg>

Budak A.M. (2002). *The Clock: Reflection on an artwork of an autistic adult*, Talking Sense Magazine, 27-30.

8.Projeler

DBT Linehan Institute ve Bahçeşehir Üniversitesi – Wellbeing project- 01 2015 -

9.İdari Görevler

10.Bilimsel Kuruluşlara Üyelikleri

BPS (British Psychological Society, Chartered Member)

BACP (British Association for Counselling and Psychotherapy, MBACP)

TPD (Türk Psikologlar Derneği, Başvuru aşamasında)

PDR Turkish Counselling and Guidance Association, Graduate Member

11.Ödüller

- Bahçeşehir University & LifeCo Bursary for Dilactical Behavioral Therapy Intensive Training at Linehan Institute,US, 2015
- Student Placement for Entrepreneurs in Education / Enterprise Fellowship Scheme - West Midlands (SPEED/EFS WM) February 2010 – November 2010.
- University of Birmingham Research Grand for Adult Attachment Institute Training University of Birmingham, 2008.
- International Conference Grand , University of Birmingham 2011.
- Exchange Scholar studentship, METU, Turkey, 1998

12.Son iki yılda verdiği lisans ve lisansüstü düzeyindeki dersler

Akademik Yıl	Dönem	Dersin Adı	Haftalık Saati		Öğrenci Sayısı
			Teorik	Uygulama	
2014 - 2015	2	Developmetal Psychology			52
2014 - 2015	2	Developmetal Psychology			46
2014 - 2015	2	Developmetal Psychopathology			41
2014 - 2015	2	Ethics in Clinical Psychology			25
2014 - 2015		Tez			1
2014 - 2015	1	Trauma Psychology			40
2014 - 2015	1	Seleceted Topics in Developmental Psychology			40
2014 - 2015	1	Developmetal Psychology			60
2014 - 2015	1	Developmetal Psychology			60
2014 - 2015	1	Tez			1
2014 - 2015	1	Seminer			-
2013 - 2014	2	Developmetal Psychology			50
2013 - 2014	2	Developmetal Psychology			50
2013 - 2014	1	Developmental Psychology			50
2013 - 2014	1	Selected Topics in Developmental Psychology			40
2013 - 2014	2	Klinik Supervizyon**			6
2013 - 2014	1	Klinik Supervizyon**			8
2013 - 2014	1	Vaka Formulasyonu ve Baglanma Teorisi**			8
2013 - 2014	2	Baglanma Teorisi**			8
2013 - 2014	2	Ailede Ruhsal ve Davranissal Bozukluklar*			6
2013 - 2014	2	Aile Danismanligi Kuramlari*			6

* İşaretli dersler yüksek lisans ; ** doktora dersleridir.