

# ÖZGEÇMİŞ

## Kişisel Bilgiler

Adı	Pelin	Soyadı	PİŞİRİCİ
Doğum Yeri		Doğum Tarihi	21.03.1985
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## Eğitim Düzeyi

	Mezun Olduğu Kurumun Adı	Mezuniyet Yılı
Doktora/Uzmanlık	İstanbul Medipol Üniversitesi	2016- ...
Yüksek Lisans	Marmara Üniversitesi	2010
Lisans	İstanbul Üniversitesi	2007
Lise	Fitnat Nuri Tekerekoğlu Anadolu Lisesi	2003

## İş Deneyimi (Sondan geçmişe doğru sıralayın)

	Görevi	Kurum	Süre (Yıl-Yıl)
1.	Öğretim Görevlisi	Bahçeşehir Üniversitesi	2018-...
2.	Uzman Fizyoterapist	Özel Pendik Bölge Hastanesi	2010-2018
3.	Fizyoterapist	Özel Anne Şefkati Rehabilitasyon Merkezi	2007-2010

Yabancı Dilleri	Okuduğunu Anlama*	Konuşma*	Yazma*
İngilizce	Çok iyi	İyi	İyi
İspanyolca	Zayıf	Zayıf	Zayıf

\* Çok iyi, iyi, orta, zayıf olarak değerlendirin

Yabancı Dil Sınav Notu								
KPDS	YDS	IELTS	TOEFL IBT	TOEFL PBT	TOEFL CBT	FCE	CAE	CPE
	81,25		78					

Başarılmış birden fazla sınav varsa, tüm sonuçlar yazılmalıdır.

KPDS: Kamu Personeli Yabancı Dil Sınavı; YDS: Yabancı Dil Bilgisi Seviye Tespit Sınavı; IELTS: International English Language Testing System; TOEFL IBT: Test of English as a Foreign Language-Internet-Based Test TOEFL PBT: Test of English as a Foreign Language-Paper-Based Test; TOEFL CBT: Test of English as a Foreign Language-Computer-Based Test; FCE: First Certificate in English; CAE: Certificate in Advanced English; CPE: Certificate of Proficiency in English

	Sayısal	Eşit Ağırlık	Sözel
ALES Puanı	70,99	73,32	69,43
(Diğer) Puanı			

## Bilgisayar Bilgisi

Program	Kullanma Becerileri
Microsoft Office	İyi

\* Çok iyi, iyi, orta, zayıf olarak değerlendirin

**Uluslararası ve Ulusal Yayınları/Bildirileri/Sertifikalari/Ödülleri/Diğer**

S.Nu.	Bildiriler
1.	1 <sup>st</sup> International Congress on Robotic Technology and Rehabilitation, April 9-11, 2018, Istanbul, Turkey, “Positive and Negative Aspects of Robotic Rehabilitation for Physiotherapist”, Pişirici P.
2.	28 <sup>th</sup> National Turkish Orthopedics Traumatology Congress, 30 October-4 November, 2018, Antalya, Turkey, “Investigation of the Efficacy of Low-Dose Laser Therapy in Patients with Patellofemoral Pain Syndrome”, Pişirici P., Karadağ Saygı E.
3.	10 <sup>th</sup> International Sport Physiotherapists Congress, 6-9 November 2019, “Investigation of the acute effect of instrument-assisted soft tissue mobilization, foam roller, and dynamic stretch on vertical jump performance in recreationally active individuals”, Pişirici P., Karagözoğlu Coskunsu D., Ekiz M.B., Kulak İ.C.

S.Nu.	Posterler
1.	29 <sup>th</sup> National Turkish Orthopedics Traumatology Congress, 22-27 October 2019 Antalya, Turkey, “Extracorporeal Shock Wave Therapy (ESWT) Versus Instrument Assisted Soft Tissue Mobilization (Graston Technique®) in Plantar Fasciitis”, Sayli U., Coşkunsu D., Pişirici P., Cil E.T., Subasi F.
2.	10 <sup>th</sup> International Sport Physiotherapists Congress, 6-9 November 2019, “Investigation of the acute effects of graston technique and integrated myofascial therapy methods on static plantar pressure distribution and hamstring flexibility in individuals with tight hamstrings”, Pişirici P., Karagözoğlu Coskunsu D., Koçak C., Cil E.T., Sönmez M.

S.Nu.	Yayınlar	Türü
1.	Investigation of the acute effect of myofascial release techniques and dynamic stretch on vertical jump performance in recreationally active individuals, (2020), Journal of Physical Education and Sport, 20(3):1569-1579. Pişirici P., Ekiz M.B., Kulak İ.C.	Orijinal Makale
2.	Springer - Return to Football: On Field Testing (2018) Ed: Musahl, V, Karlsson, J., Krutsch, W., Mandelbaum, B. R., Espregueira-Mendes, J., d'Hooghe, P. P., Ch: On field testing after anterior cruciate ligament reconstruction. Pişirici P., Çağlayan A., Karahan M., Hantes M.,	Kitap Bölümü
3.	Neurorehabilitation (2017), Editor: Turgut Göksoy, Cerebral Palsy Rehabilitation Göksoy T, Pişirici P.	Kitap Bölümü
4.	Orthopedic Rehabilitation with Cases (2018), Ed: Derya Çelik, Rehabilitation after anterior cruciate ligament & medial meniscus surgery, Pişirici P., Karahan M.	Kitap Bölümü
5.	Therapeutic Massage (2018), Ed: Demet Tekin, Repetitive strain injuries & Scar tissue & Sciatica & Sinusitis	Kitap Bölümü Tercümesi
6.	Anatomy Trains, Myofascial Meridians, 3 <sup>rd</sup> Edition, Ed: Thomas W.Myers, Turkish Translation Eds: H.Kerem Alptekin, Adem Çalı, Pelin Pişirici.	Kitap Tercümesi Editörlüğü
7.	Anatomy Trains, Myofascial Meridians, 3 <sup>rd</sup> Edition, Ed:Thomas W.Myers, Turkish Translation Eds: H.Kerem Alptekin, Adem Çalı, Pelin Pişirici, Book Chapter “Arm Lines”.	Kitap Bölümü Tercümesi
8.	Investigation of the Efficacy of Low-Dose Laser Therapy in Patients with Patellofemoral Pain Syndrome, Acta Orthopædica et Traumatologica Turcica, 28 <sup>th</sup> National Turkish Orthopedics Traumatology Congress, 4 <sup>th</sup> International Symposium of Orthopedics and Traumatology with International Participation Supplementum-I Congress Abstracts Special Supplement, Vol. Suppl., October 1, 2018 Turc ISSN1017-995x Pg: 228.	Kongre Kitap Bölümü

<b>S.Nu.</b>	<b>Yayınlar</b>	<b>Türü</b>
9.	1 <sup>st</sup> International Congress on Robotic Technology and Rehabilitation (April 9-11, 2018, Istanbul, Turkey): Proceedings and Abstracts Ed: Prof.Dr.Bilsen Sirmen e-ISBN: 978-605-4827-57-2 İstanbul Gelişim University Publication Nu: 65, “Positive and Negative Aspects of Robotic Rehabilitation for Physiotherapist”, Pişirici P., P.Nu.41.	Kongre Kitap Bölümü
10.	1 <sup>st</sup> International Congress on Robotic Technology and Rehabilitation (April 9-11, 2018, Istanbul, Turkey): Proceedings and Abstracts Ed: Prof.Dr.Bilsen Sirmen e-ISBN: 978-605-4827-57-2 İstanbul Gelişim University Publication Nu: 65, “Improving Children's Habit of Physical Activity by Using Technology Supported Games”, Inal H.S., ..., Pişirici P., P.Nu.25.	Kongre Kitap Bölümü
11.	1 <sup>st</sup> International Congress on Robotic Technology and Rehabilitation (April 9-11, 2018, Istanbul, Turkey): Proceedings and Abstracts Ed: Prof.Dr.Bilsen Sirmen e-ISBN: 978-605-4827-57-2 İstanbul Gelişim University Publication Nu: 65, “Effects of Virtual Reality Training Program and Functional Balance Training Program on Balance in Healthy Young Adults”, Balci L.A., Oksuz H., Pişirici P., Tekin D., P.Nu.56.	Kongre Kitap Bölümü
12.	1 <sup>st</sup> International Congress on Robotic Technology and Rehabilitation (April 9-11, 2018, Istanbul, Turkey): Proceedings and Abstracts Ed: Prof.Dr.Bilsen Sirmen e-ISBN: 978-605-4827-57-2 İstanbul Gelişim University Publication Nu: 65, “Acute Effects of Nerve Mobilization on Balance and Muscle Strength in Healthy Young Sedentary People”, Oksuz H., ..., Pişirici P., P.Nu.62.	Kongre Kitap Bölümü
13.	1 <sup>st</sup> International Congress on Robotic Technology and Rehabilitation (April 9-11, 2018, Istanbul, Turkey): Proceedings and Abstracts Ed: Prof.Dr.Bilsen Sirmen e-ISBN: 978-605-4827-57-2 İstanbul Gelişim University Publication Nu: 65, “Effects of Exercises via Smart Phone Applications on Balance, Muscle Strength and Exercise Perception - Pilot Study”, Duman C., ..., Pişirici P., P.Nu.69.	Kongre Kitap Bölümü

<b>S.Nu.</b>	<b>Kurslar, Kongreler, Sertifikalar</b>	<b>Yıl</b>
1.	ENPHE Spring Conference, “Learning in a Clinical Environment: The Best Way to Acquire Physiotherapy Competences”.	2006
2.	Kinesio Tape Deutschland, “Basic course about issue kinesio-typing according to Dr. Kenzo Kase”.	2007
3.	International Academy of Oral Medicine and Toxicology, 2 <sup>nd</sup> Manuel Therapy and Osteopathy Days.	2007
4.	International Osteopathy and Manual Therapy Academy-Active Wellness Center, Complex Patient Management.	2007
5.	Reha Technology - Certified user for G-EO System.	2014
6.	Tyro Motion - Certified user for Amadeo System.	2014
7.	Tyro Motion - Certified user for Pablo System.	2014
8.	Ekso Bionics - Certified user for Ekso System.	2014
9.	VIII. National Sport Physiotherapists Congress.	2015
10.	Soft Tissue Mobilization, Myofascial Trigger Point, Foam Roller Course.	2016
11.	Graston Technique® M1 Basic Training, Garden City, NY/USA.	2018